

# Grössentabelle Asics Herren

## Men's Tops Size Guide

	S	M	L	XL
Chest	88-96	96-104	104-113	113-124
Waist	75-83	83-91	91-100	100-111
Hips	87-95	95-103	103-111	111-119

### How to Measure Your Size?

#### 1. Chest

The tape measure should be snug around your chest. Make sure to keep the tape measure level so that it's straight and parallel with the floor.

#### 2. Waist

Measure around the narrowest part of your natural waistline—where your body creases when you bend slightly forward.

#### 3. Hips

Wrap the tape measure around the widest part of your hips. Keep the tape horizontal while measuring.

