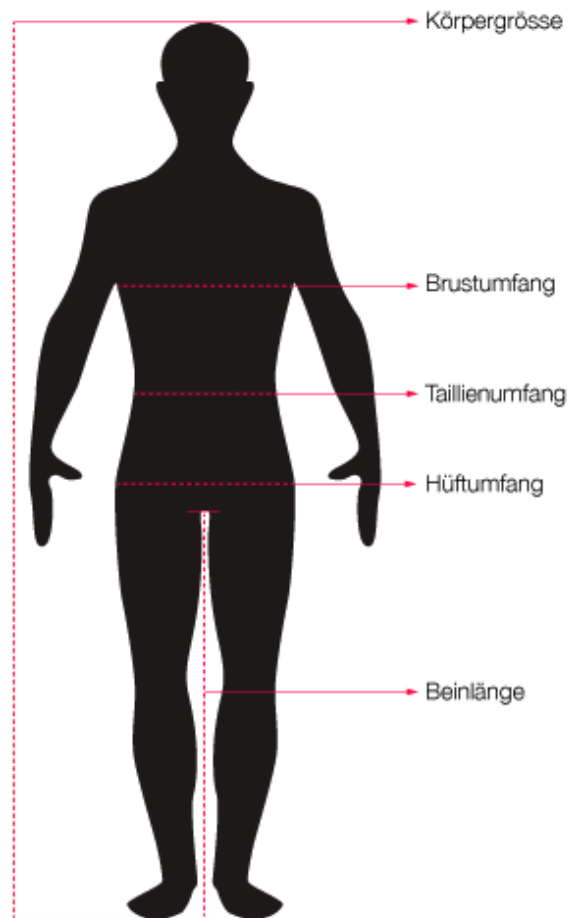


Grössentabelle Penguin Men

To help you select the correct size of garment, we've put together our recommendation below

Size Guide Men



Size	Chest, cm	Hip, cm	Inseam leg, cm	Height, cm
S	90	93	78	170–178
M	96	100	80	175–183
L	103	107	82	180–188
XL	110	114	84	185–193
XXL	117	121	86	190–198

How to Measure

Chest contour. Measure around the widest point of the chest, keeping the tape horizontal.

Waist contour. Measure around the narrowest point of the waist, keeping the tape horizontal.

Hip contour. Keeping the feet together, measure around the widest point of the hip, keeping the tape horizontal.

How to choose the Right Size

Measures are expressed in centimetres. If the taken measures are between two sizes, choose the smallest if you prefer a tighter fitting or the largest if you prefer a baggier fitting.